

Sparkle Mind Program

Weekly Schedule

Monday	Mindful Project	3D Craft	Balance Game	Empathy in Action
Tuesday	Mindful Project	Pottery	Animal Walk	Alphabet Practice
Wednesday	Mindful Simple Riddle	Drawing & Painting	Jumping & ball Games	Simple Math
Thursday	Mindful Project/ Collage	Print Making	Dramatic Play	Scavenger hunt
Friday	Mindful Project/Memory Game	Music	Balance Games	Life Drawing